Creating a Culture of Creativity: A Sense of Touch

Overview: Creativity is important for solving problems. Creative people are able to make connections. In this activity, you will work individually to describe the feeling of various surfaces. You will then analyze your recordings to draw connections to other concepts.

Schedule between 30 and 45 minutes to complete the activity.

Part I: Describing Objects
Directions:

1. Find a quiet space to sit.
2. Close your eyes and take several deep breaths. Stay focused only on your breathing.
3. Select the surface of any object and run your hand back and forth across it slowly. What does it feel like?
4. In the appropriate space provided, write a describing word for what you have touched.
5. In the second space, write the opposite of that word.

Describing 1st Surface	**Adjective:**	**Opposite:**

6. Select a second surface, and repeat the process. This time, record a noun that comes to mind *related* to the object (but not the object itself).
7. Write a describing word for that object in the space labeled "Adjective."

Describing 2nd Surface	**Noun:**	**Adjective:**

Part II: Generating Connections
Directions:

1. Using a combination of any two of the words written above, fill in the table below with possibilities for each of the following categories: Place, Person, and Time. An example has been provided in the first column.

Generating Connections			
Example	**Place**	**Person**	**Time**
Warm +	_____ +	_____ +	_____ +
Bumpy =	_____ =	_____ =	_____ =
Mt. Vesuvius (A Place)	_____	_____	_____

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Part III: Repeating the Process
Directions:

1. Repeat the same process again, using different objects. Use the charts below to guide you.
2. Return to your activity list and/or product, incorporating the sensations you have just experienced.

Describing 3rd Surface	**Adjective:**	**Opposite:**

Describing 4th Surface	**Noun:**	**Adjective:**

Generating Connections			
Example	**Place**	**Person**	**Time**
Warm +	_____ +	_____ +	_____ +
Bumpy =	_____ =	_____ =	_____ =
Mt. Vesuvius (A Place)	_____	_____	_____

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